

STUDIO GUIDE

2023-2024

Junction City
School of Dance



est. 2007



Hello!

I'm **Amy Baker**, and I'm the owner and director of Junction City School of Dance. I'm entering my 17th year at JCSD with the exciting addition of a third studio space here at Christ's Center Church, where we have all our classes and care for dancers ages 2 and older. This picture was taken this summer as my administrative team and I were envisioning what our new space was going to look like and dreaming about students filling the space.

I am incredibly blessed by the partnership I have with Christ's Center Church and are grateful for the pastoral team's ongoing support of the work we're doing in the arts in Junction City. This third studio space is a incredible gift and an opportunity to open our classes to even more children, teenagers, and adults in our community.

I believe that our freedom in Christ Jesus expressed through dance and worship can become someone else's healing, and I'm excited to see how this year's theme

Rise Up!

supports this vision for the studio. The command is taken from I Kings 19 when God speaks to Elijah not in the wind, the earthquake, nor in the fire, but in a low whisper. We will unpack this theme and the practice of prayer each month in our classroom curriculum and present pieces of it during the spring recital.

XOXO

Amy





Our Vision & Mission

Junction City School of Dance was established by Amy Baker in 2007 with a vision that our freedom in Christ Jesus expressed through dance and worship can become someone else's healing. Here are JCSD our mission is...



TO DANCE

To teach all to dance from a heart of surrender and excellence.



TO KNOW

To love and encourage dancers to know Christ in new and deeper ways.



TO BECOME

To nurture and facilitate personal and spiritual growth in pursuit of becoming vessels that bring glory to God.

Dance from your heart.

Communication

Greetings! I'm Jaime Sherman, and I am responsible for sharing studio news with you. This year I will use a variety of platforms to stay in touch with you.

- **Email:** We don't want our messages missing you because they slipped into a junk mail folder. You'll see messages coming from two addresses that we encourage you to bookmark — jcschoolofdance@gmail.com and no-reply@thestudiodirector.biz
- **Website:** This is our home for your account portal, studio calendar, handbook, class descriptions, staff highlights, and many resources, including routine updates — www.jcschoolofdance.com.
- **Social Media:** We have both Instagram and Facebook accounts that we use to share what's happening in classes but also to let families know what's coming up at JCSD — jcschoolofdance.
- **In person:** You will find me or another administrative team member at the check-in desk when you arrive with your dancer. We would love to answer your questions and keep you updated on what's coming up at JCSD. We appreciate when parents check in with us every few weeks!
- **Phone Calls & Text Messages:** We will sometimes check in with you with a phone call or text message. We encourage you to keep our numbers in your contact list, so you know who is calling or texting you — Amy Baker (director) 541.912.8431; Jaime Sherman (communications/attendance) 541.968.9529; Lawrence Brahms (finances) 541.556.9698.

- **Communication Apps:** Throughout the year you may find that your dancer's teacher starts a WhatsApp chat to share practice videos and class details.
- **Handouts:** Finally, check your dancer's hands and bag at pickup as we will sometimes send handouts home that are fridge worthy!



Jaime

Feli

Our Instructors



Amy Baker



Nicole Brown



Ellie Reynolds



Amaris Ballard



Amy Martindale



Bella Baker



Chloe Straub



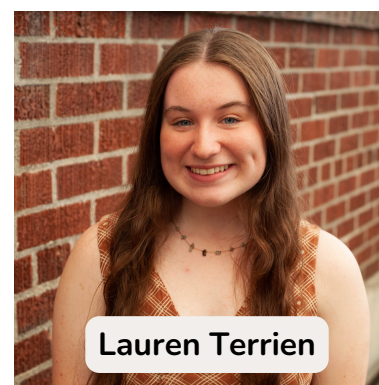
Anna Rower



James Felix



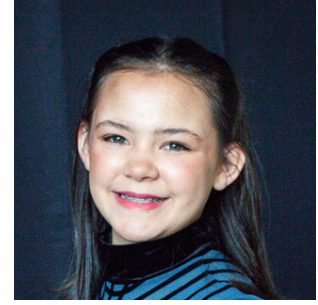
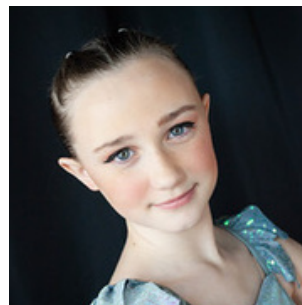
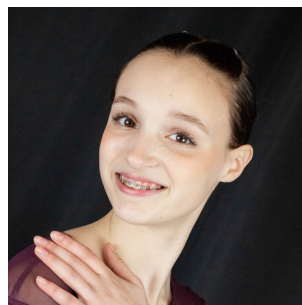
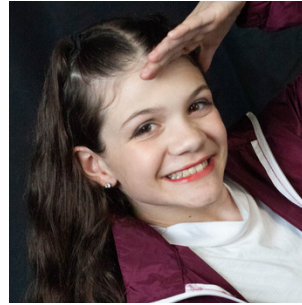
Emma van Hecke



Lauren Terrien



Baylee Baker



Apprentice Team

Left to right, top to bottom: Anna Riggs, Laura Riggs, Josey Longworth, Brenna Rogers, Vivian Haring, Emma Wamsley, Kapri Felix, Amaris Ellsworth, Anneke van Hecke, Esther Rower, Kaylee Riker, Jade Brahms, and Eva Gillette,

Recital Photos

We have opened up the Step of Faith recital photos from May 2023 for JCSD families to download and enjoy for FREE! Scan the QR code to view these pictures by Felix Photography!



Photographer Katie Felix



This Year's Classes

**We will offer the following dance styles
for the 2023-24 year:**

Tiny Twos (6-week sessions, ages 2-3)

Creative (ages 3-5)

Ballet (levels pre-IV, ages 5+)

Modern (levels pre-IV, ages 5+)

Jazz (levels I-III, ages 7+)

Tap (levels I-III, ages 7+)

Hip Hop (levels pre-IV, ages 5+)

Popping (boy's and coed, ages 7+)

Acro (levels I-II B, ages 7+)

Adult Lyrical/Jazz (ages 18+)

Apprentice Team (by application only)

We have had many requests for a unique ability class for all ages and stages of very special children who find it hard to fit into a typical studio class, and while we had wanted to add this option for the 2023-24 year, we do not feel adequately trained at this point to provide this option. We are seeking training and praying about when in the future we might be able to add this much-needed class to our studio calendar. If you have a child who would fit well in a unique ability class or have a heart for assisting with a class like this, we'd love to hear from you at jcschoolofdance@gmail.com.

REFIT® and HeartSung

Free REFIT® dance fitness classes for women with **Peggy DeGroot** and **Lori Smucker** are offered several mornings a week. Learn more: 541.953.3959.



Lori Thomas of HeartSung Music (above right) offers youth voice lessons several afternoons each week. Learn more by visiting www.heart sungmusic.com.

Class Placement

We consider both age and physical development when placing a student in the appropriate level. Please email the studio if you would like to discuss student placement. Each placement is individual to the student and shouldn't be compared to another dancer's placement. Most students should plan on spending at least two years in a level before moving up. This gives students time to not only learn material but an opportunity to demonstrate what they know as a leader in the class. Please keep in mind that advancement is the result of technical and artistic ability, classroom behavior, and maturity, not just age. For dancers hoping to become an apprentice or advance in dance more quickly, we highly recommend trying different styles of dance and taking more than one class each year.



Mary Auditions September 23, 2023

JCSD is offering SPECIAL AUDITION CLASSES for pre-level dancers (ages 5-7) and level I dancers (ages 7-10) who would like to try out to dance in the annual Mary production December 15th (7 p.m.), 16th (2 p.m.), and 17th (10 a.m.) on the Christ's Center Church stage. Rehearsals are scheduled for Oct. 20, Nov. 3, Nov. 17, Dec. 3, and Dec. 11-14. Learn more and sign up at the studio or at www.jcschoolofdance.com. Cost: \$25

Our Studio Home



Getting to know

Diane Brahms, a.k.a. Momma D, is at the studio Monday and Thursday mornings. She manages the care of the studio, decorates for special events, loves on parents and littles, prays for people in need, and assists in the Tiny Twos classes.

Junction City School of Dance is located in the northeast wing of Christ's Center Church at 530 West 7th Avenue in Junction City. When you arrive, look for our studio sign on Juniper Street between West 7th and West 8th, and enter through the double doors, where you'll be welcomed during class hours by a member of the JCSD team.

DROP OFF

Students should arrive and be ready for class 5 minutes prior to the start of class but no more than 10 minutes early. Arriving earlier than 10 minutes before class is subject to a charge of up to \$10 for every 5 minutes a staff person must watch your child (level I and younger).

PICK UP

Pick up is at the northeast door accessed from the parking lot on Kalmia Street. The exceptions are for morning classes and level III/IV dancers. In the case of an emergency evacuation from the building, we will meet in the parking lot across from the main studio doors.

PRO TIP: Encourage your young dancer to use the bathroom prior to class.



STUDIO 3

New for the 2023-24 dance year is Studio 3 at the northwest end of the building directly across from our existing two studios. This space will be used throughout the week for voice lessons, afternoon/evening dance classes, and church programs. Studio 3 does not have a waiting area, so dancers will walk together from the main studio doors to class. A live feed from Studio 3 will be displayed on a screen in our waiting area inside the main studio space, so parents and JCSD staff can see what's happening nearby. Dismissal for classes held in Studio 3 will be supervised by an instructor or apprentice through the double doors into the parking lot at the northwest corner of the building, but for the sake of safety, no entrance is permitted through these doors. We encourage you to stop by the open house or during class hours to get a tour and picture the check-in, check-out process for the year.

Financial Details

Full tuition is charged for nine months September through May. Vacations and breaks have been taken into account.

You will pay for a separate costume for each class your student participates in except Tiny Twos, pointe, and our popping workshops. The first half of the \$80 costume fee is paid at registration. The remainder of the fee is due on or before December 1. This costume, which JCSD orders, is for the May recital.

Monthly payments are due on the 1st of each month. We run the auto payments on the 5th of each month. Payments more than 10 days late will be assessed a \$10 late fee unless a financial agreement has been reached prior to that time. Returned checks will result in a \$25 NSF fee.

Auto pay is the easiest payment method, and while we encourage you to use this method, we also accept credit card payments through our website or in person and cash or check payments, which can be placed in a sealed envelope with your dancer's name on it and dropped in the studio tuition box or mailed to the business office: P.O. Box 543, Junction City, OR 97448.

If you need to drop a class, this can be done by contacting us via phone or email. The request must be made before the 1st of the month. If we hear from you after the 1st, you will be charged the full price for that month.

JCSD retains the right to charge up to \$10 for every 5 minutes a staff member is required to wait with your child (level I and younger) who either arrives more than 10 minutes early for class or is left waiting at pickup. In addition, it is not the staff's responsibility to watch your children who are waiting outside the school. If the staff member must leave the site with your child, a message will be left with your emergency contact.



Getting to know

Lawrence Brahms, a.k.a. Papa L, handles the finances for the studio, scholarship requests, and studio maintenance. He is at the studio Monday and Thursday mornings to help with dancer check-in and other needs that arise. He loves getting to know our dance families and is always happy to help answer your questions.

Fees & Tuition

Due at Registration

- Registration fee: \$80 per family
- Recital fee: \$25 per dancer
- First month of tuition (see below)
- First half of costume fee: \$40 per dancer per class

Due on or before Sept. 23 (if applicable)

- One-time class fee for pre and level I dancers trying out for a spot in JCSD's Mary production: \$25

Due on or before Dec. 1

- Second half of costume fee: \$40 per dancer per class

Tuition due the 1st of each month

- \$60 per class with the exception of the following classes:
- Creative (45 minutes): \$45
- Ballet IIA (2 days/week): \$150
- Ballet IIB (2 days/week with Pre-Pointe): \$165
- Ballet III/IV (3 days/week): \$225
- Pointe I/II (2 days/week): \$30
- Stretch Flex (30 minutes): \$30
- Tiny Twos (6-week classes): \$90 fall, \$90 winter, \$150 spring (if in recital)
- Adult Lyrical/Jazz: \$90 fall, \$90 winter
- Popping Workshop: \$25 per person or \$40 for 2 in a family, \$60 for 3+ in a family

Discounts

- Unlimited Classes: Single child in a family with Ballet II/III/IV \$325 or without Ballet II/III/IV \$225
- Unlimited Classes: Multiple children in a family with Ballet II/III/IV \$400 or without Ballet II/III/IV \$300
- Pay the whole year in advance and receive 10% off the year's tuition. This discount does not apply to registration fee, recital fee, or costume fee and cannot be combined with the apprentice discount, unlimited rates, or any other promotional offer.
- Scholarship information is available upon request, and if granted, covers up to 50% off tuition only. JCSD gives out 10 scholarships each year.

Dance Workshops & Camps

- Our upper-level dancers may be invited to special workshops or events during the year. We will provide information and pricing on these optional events as they become available.
- Look for information in the spring concerning 2024 summer camps and prices.

Private Lessons

- If you are interested in private dance lessons, we are happy to provide recommendations and pricing.
- HeartSung Music charges separately from the JCSD.

Saying "Yes" to Dance

We consider dance a full-year team sport, and if a dancer is missing, the impact is felt not only on that dancer but on his/her classmates. Thus, class attendance is mandatory except in the event of sickness or a pre-arranged vacation. We encourage families to evaluate their schedules and commitments to other sports and activities before enrolling at JCSD. Thank you for making every effort to have your dancer at class each week!

MISSED CLASSES

because of sickness or a prearranged trip may be compensated through attendance at another class of the student's choice in the same level. Please note that a dancer may need to sit out part of a makeup class when performance choreography is being reviewed. No refunds are offered for missed classes.

LATE ARRIVALS

who come 20 or more minutes after class has started may be asked to sit out for the remaining class time and simply observe. This is for the dancer's safety.

PERFORMANCES

are scheduled occasionally in the community and at Christ's Center, especially for the upper-level dancers. We will let you know these dates as soon as possible. Rehearsal will be schedule as needed. Attendance is requested.



If your student will miss class for any reason, please text or email Jaime:

541.968.9529

jcschoolofdance@gmail.com

PRO TIP: Cell phones and other electronics are not allowed in classes. Please leave your phone at home or in your bag.

Student Health

Illness

We know that missing class because of illness is rough on kids, and while we want your dancer in class each week, we also want to guard against spreading illness to dancers and instructors. So much has changed with COVID's arrival, which means that dancers should take the week off from class if a fever, stomach ache, cough, or cold symptoms are present. Questions: Reach out to Jaime at 541.968.9529.



Injury

Unfortunately injuries happen in the course of a dance year for some students, typically in another sport or outside the studio. Be assured that we will continue to direct proper warmups, ask a dancer to sit out if he or she is more than 20 minutes late for class and unable to warm up, and asked injured dancers to observe class until healed. If an injury has happened outside of class that will hinder a dancer's moves in class, please let Jaime at 541.968.9529 know before your child's next class. Without a parental note (written or verbal) requesting that a dancer simply watch class, we will ask each dancer to participate for the duration of the class.



PRO TIP: Jewelry (except earring studs) should be removed before class for the safety of the dancer.

Medical Notes

Please update your dancer's account to reflect any allergies and medical conditions. These notes are helpful for us. On special occasions, we will have a special treat during class, and we want to be sensitive to specific diets.

Hydration

We encourage our dancers to bring a water bottle to class because staying hydrated is so important. While sports drinks have their place, we encourage our dancers to drink water while at the studio, especially as colored drinks stain the special dance floors. We have a water cooler for those days when the water bottle didn't make it to the studio, but we ask that each dancer do his or her best to bring a water bottle to class. This cuts down on our water delivery charge and on paper cups. Tip: Put first and last names on each bottle.



Nutrition

We are going to place a strong emphasis on healthy eating throughout the year because good food choices can actually help dancers stay focused and give their best in classes. This means that we're going to be very intentional about the type of snacks we allow in the studio for special days and in the snack basket for sale. Please let us know at registration if your child has a medical concern or allergy.

PRO TIP: Gum, food of any kind, and non-water beverages are not allowed in the studio for the dancer's safety and to keep the studio space clean for everyone.

Dancers may eat non-messy snacks in the waiting area between classes.

Rest

"And how is she sleeping?" Every parent has heard this question from the doctor during annual visits. Adequate sleep can help combat anxiety and depression, can keep a young person healthy, and can give strength and clarity for each new day. Unfortunately more and more children and teens are struggling to get enough sleep in part because of electronic devices and the pull of social media. We will continue to encourage our dancers to find a healthy balance in their lives!

PRO TIP: Turn off all screens one hour before bed. Read a book, and soak an epsom salt bath.





Dance Class Attire

Like the girls pictured above, dancers enjoy dressing up in fancy recital costumes, especially little girls in tutus, but regular class attire is simple, easy to move in, and often extra comfortable. Bellow are the attire expectations for each style of dance at JCSD.

Tiny Twos/Creative: Simple, solid-colored leotard with pink or white ballet tights, and a skirt (optional)

Pre-Ballet: Light pink, solid-colored leotard, either pink or white ballet tights, and a skirt (optional)

All Other Ballet: Modest, black, solid leotard and pink ballet tights. Students may come in a skirt but may be asked to remove it during class. No tutu style skirts. For Level 1 and up, underwear should not be worn under tights.

Modern: Leotard and leggings

Tap: Simple, solid-colored leotard with tights or leggings; skirts are optional.

Jazz: Leggings or jazz pants with a leotard or appropriate shirt

Hip Hop/Popping: Modest, loose-fitted clothing (sweats, shorts, leggings)

Acro: Leotard or tight fitting t-shirt or tank and leggings or shorts

GIVE AND TAKE RACK

JCSD offers a rack with free, used dance attire and shoes. Also available is a small selection of new tights, leotards, and ballet shoes for sale. Additional new items can be purchased from Discount Dance following a link on our website or at Dancer's Closet, 576 Olive St., Eugene.



Shoes

Ballet slippers, pointe shoes, jazz shoes, tap shoes, hip hop shoes, barefoot. Oh, my! So many shoes — or not! Here's a little help in understanding what you're going to need this year.

Ballet: Pink slippers for our girls (not bedroom slippers). Black for our boys. Any material (leather, canvas, cloth) is fine. Level 1B+ dancers may prefer split-sole slippers.

Pointe: These are only needed for our upper-level dancers on pointe. When the time comes for fitting these, we'll schedule a special time to get them with you at Dancer's Closet in Eugene.

Modern: Bare feet.

Jazz: Dancers will begin the year with standard black jazz shoes. Depending on recital pieces, additional jazz shoes may need to be purchased.

Tap: Black tap shoes.

Acro: Bare feet.

Tiny Twos/Creative: Pink slippers for our girls (not bedroom slippers). Black for our boys.

Hip Hop & Popping: All white or all black athletic shoes with white soles that haven't been worn outside. Having dedicated shoes for this style of dance is required to protect our studio floors. We do not allow street shoes, including cowboy boots, high heels, clogs and any black soles on the studio floors.



Hair must be up and securely pulled back from a dancer's face for all dance classes. While a ballerina must have her hair in a tight ballet bun with no fly aways, other styles are more relaxed, allowing for dancer's choice — ponytail, braids, etc.



Find more information, including an instructional video on our website at jcschoolofdance.com.

Hairstyles



Classic Ballet Bun

SUPPLIES

Brush/comb
Gel
Ponytail holder
Bobby pins
Hair net,
optional
Hairspray

- Begin with wet hair for best results.
- Put gel all over hair.
- Slick back into ponytail, mid to high height.
- Wrap hair with hair band and make sure it is very tight.
- Add more gel to the ponytail and twist it counter clockwise.
- Wrap hair around ponytail and begin to place 4-5 bobby pins to secure it.
- Wrap hair net (if using) around bun and add many bobby pins until it is very secure and complete.
- Hairspray all over the hair. Concentrate on the front and the back neck area. This will insure NO FLY AWAYS.



Studio Calendar

The full JCSD calendar is available
online at jcschoolofdance.com/events.
*Dates and events are subject to change.

HOLIDAYS

JCSD observes major holidays, including Labor Day, Thanksgiving, Christmas, New Year's, Easter, Memorial Day, and Fourth of July. We hold classes on Veterans Day, Martin Luther King Jr. Day, Presidents Day, and school in-service days.

WINTER SHOWCASE

Level I and younger dancers perform in our **Winter Showcase** Dec. 9 at Christ's Center Church at 10 a.m. for Creative, 11 a.m. for Pre-level, noon for Level IA dancers, and 1 p.m. for Level IB dancers and Boy's Popping. Free.

SPRING RECITAL

In early 2023, we will release spring recital details for **Rise Up!** to be held May 17-18. Ticket sales will open online April 8. Watch for a recital packet going home with each dancer in early 2024.

EXTRA DANCES

Throughout the year, our apprentices and select dance classes are invited to perform at Christ's Center Church and in the community. We will inform you of these performances and additional rehearsals as soon as possible.

MARY IN DECEMBER

JCSD instructors and level II, III and IV dancers along with select pre-level and level I dancers (auditioning Sept. 23) will perform in the third-annual **Mary** production December 15-17 on the Christ's Center Church stage. The show combines dance and monologues to tell the powerful stories of Elizabeth, Mary, and Joseph. Tickets will go on sale in late fall.



junction city school of dance
DANCE STUDIO

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