

Junction City School of Dance

STUDIO HANDBOOK



STUDIOS

inside Christ's Center
530 W. 7th St.
Junction City, OR 97448

MAIL

P.O. Box 543
Junction City, OR 97448



WEBSITE

www.jcschoolofdance.com

EMAIL

jcschoolofdance@gmail.com

PHONE:

541.912.8431

dance from your

HEART

At Junction City School of Dance, we are passionate about the arts, its history, and passing it down to future generations. Whether you're dancing for fun or preparing to pursue dance as a career, we welcome you. Our staff members are excited to share their passion, new ideas, and the gift of dance with you and your children.

our threefold

MISSION

- **To teach** all to dance from a heart of surrender and excellence.
- **To love and encourage** dancers to know Christ in new and deeper ways.
- **To nurture and facilitate** personal and spiritual growth in pursuit of becoming vessels that bring glory to God.



AMY BAKER | OWNER & DIRECTOR

541.912.8431

VISION

JCSD was established in 2007 with a vision that our freedom in Christ Jesus expressed through dance and worship can become someone else's healing.

Watch recital videos to learn more about the heart behind why we do what we do:
www.downthebeanstalk.com/jcsd2022

JCSD strives to offer the highest quality dance instruction to all members of our community.

styles of **DANCE**

Junction City School of Dance will offer the following dance styles for the 2022-23 dance year:

- Tiny Twos (6-week sessions)
- Creative & Creative-Tap
- Ballet
- Modern
- Jazz
- Tap
- Hip Hop
- Boy's Popping
- Coed Popping Workshops
- Acro
- Stretch Flex

Class Placement: We consider both age and physical development when placing a student in the appropriate level. Please email the studio if you would like to discuss student placement. Most students should plan on spending at least two years in a level before moving up. This gives students time to not only learn material but an opportunity to demonstrate what they know as a leader in the class. Please keep in mind that advancement is the result of technical and artistic ability, classroom behavior, and maturity, not just age.



new this year

ACRO & MORE

ACRO DANCE is a very athletic style of dance with unique choreography that combines the techniques of classical dance with gymnastic-like elements. The skills and tricks learned in this class, many done as a team, can be put into other dance classes for the further enhancement and fullness of each piece. In addition a dancer's flexibility, balance, strength, and coordination grow from the work done in this class.

Monthly cost: \$55 a month per student

CO-ED POPPING will be offered this year for ages 10+ as a monthly workshop to build the foundation for future upper-level classes in popping. Join James Felix on the third Friday of seven months this year from 6-7:15 p.m.

**Sept. 16 – Oct. 21 – Nov. 18 – Jan. 20
Feb. 17 – March 17 – April 21**

One class: \$25

Pay for all 7 at registration: \$150

STRETCH FLEX is offered this year for ages 10+ to safely increase flexibility and range of motion for dancers, while also strengthening feet, legs, core, and backs! This is a non-performing class.



training the

APPRENTICE TEAM

DATES

**Unless otherwise noted, all trainings run 2-5 p.m. All dates and times are subject to change. Please refer to the website for up-to-date information, including the addition of performances and rehearsals.*

Aug. 29 (5-8 p.m.)

Oct. 8 – Nov. 5 – Dec. 3 – Jan. 7

Feb. 4 – March 4 – April 15 – May 6

Nov. 11 JC Light Parade rehearsal (4:30-6:30)

Dec. 2 JC Light Parade (TBA)

Dec. 10 Winter Showcase, apprentice classes

Dec. 12-18 Mary production week

May 15-20 Spring recital production week

May 22-27 Community performances (TBA)

To be consider for the program, you must:

- Be at least 10 years old by September 1
- Be enrolled as a JCSD student with plans to take at least two classes during the 2022-23 year
- Agree to attend all monthly apprentice trainings, rehearsals, and events that include the apprentice team
- Agree to the contract you will be asked to sign before your first class
- Submit a written letter (past apprentices must submit a new letter each year) being as creative as possible. The more we know about you the better able we are to find a great fit for you within the JCSD schedule and mission. Questions you must answer can be viewed along with other instructions and dates at jcschoolofdance.com/apprentices.
- Letters must be emailed to jcschoolofdance@gmail.com no later than Monday, July 25 for the 2022-23 year.



also inviting dancers to

COME & SEE

We will offer **COME & SEE**, a yearlong journey through the Gospel of John for dancers to discover what John, who walked beside Jesus during His public ministry, felt were the most important details for us to know in order to follow whole-heartedly after the Lamb of God. Jaime Sherman will lead dancers ages 9-18 through this study to compliment this year's studio curriculum and recital theme – **STEP OF FAITH**. A bookmark with the 30-week reading plan is available at the studio.

When: 7-8 a.m. Wednesdays

One-time fee: \$25 for supplies

For God so loved the world, that He gave His only Son, that whoever believes in Him should not perish but have eternal life. – John 3:16, ESV



so many important

DETAILS

Communication is important to us.

We utilize social media and emails
as well as our website

www.jcschoolofdance.com

to post regular updates regarding the studio.
Also, watch for handouts sent home from class.

ways we

COMMUNICATE

You can expect regular emails about studio and class news as well as financial matters. Please add these addresses to your contacts, so you don't miss emails from us:

jcschoolofdance@gmail.com
no-reply@thestudiodirector.biz

Instagram
#jcschoolofdance

Facebook
@JunctionCitySchoolOfDance

Website
www.jcschoolofdance.com



DIANE AND LAWRENCE BRAHMS
STUDIO & FINANCIAL MANAGERS

jcschoolofdance@gmail.com

Contact me if you have a question related to your account or payment. Sign up for our auto pay option, and I will credit your account \$20! – LB



JAIME SHERMAN | COMMUNICATIONS

jcschoolofdance@gmail.com
541.968.9529

I love hearing from our parents, apprentices, and dancers, so don't hesitate to email or text me with your questions and concerns. – JS

EARLY ARRIVALS LATE PICKUPS

JCSD retains the right to charge up to \$10 for every 5 minutes a staff member is required to wait with your child (level 1 and younger) who either arrives more than 10 minutes early for class or is left waiting at pickup. In addition, it is not the staff's responsibility to watch your children who are waiting outside the school. If the staff member must leave the site with your child, a message will be left with your emergency contact.

COSTUME FEES

You will purchase a separate costume for each class your student participates in except Stretch Flex and Tiny Twos, which do not perform in the spring recital. The first half of the \$80 costume fee is paid at registration. The remainder of the fee is due on or before December 1. This costume, which JCSD orders, is for the May recital.

AUTO PAY OPTION

Auto pay is the easiest payment method, and when you sign up for this option at registration, you will receive a \$20 credit on your account. We also accept credit card payments through our website and cash or check payments, which can be placed in a sealed envelope with your dancer's name on it and dropped in the studio tuition box or mailed to the business office: P.O. Box 543, Junction City, OR 97448.

PRICES

- **Registration fee:** \$75 – Sign up for auto pay, and we'll credit your account \$20.
- **Recital fee:** \$20 per dancer
- **Costume fee:** \$80 per dancer per class
- **Monthly tuition:** \$55 for all classes with the exception of the following classes:
 - Creative-Tap (45 minutes): \$50
 - Ballet IB: \$75
 - Ballet IIA (2 days/week): \$150
 - Ballet IIB (2 days/week with Pre-Pointe): \$165
 - Ballet III/IV (3 days/week): \$225
 - Pointe I/II (2 days/week): \$30
 - Jazz III/IV: \$60
 - Modern IV: \$75
 - Hip Hop IV: \$75
 - Tiny Twos (6-week classes): \$90 fall, \$90 winter, \$120 spring
 - Co-ed Popping Workshop (monthly): \$25
 - Private lessons: details upon request
 - Unlimited Classes: Single child in a family with Ballet II/III/IV \$300 or without Ballet II/III/IV \$200
 - Unlimited Classes: Multiple children in a family with Ballet II/III/IV \$375 or without Ballet II/III/IV \$275
 - Come & See: One-time fee \$25
- **Discounts:**
 - Apprentices receive \$5 off tuition each month.
 - Sign up for all 7 popping workshops at registration and pay \$150 (a \$25 savings).
 - Sign up for auto pay to receive \$20 credit on your account.
 - Pay the whole year in advance and receive 10% off the year's tuition. This discount does not apply to registration fee, recital fee, costume fee, Bible study fee, apprentice discount, unlimited rates, or any other promotional offer.

Full tuition will be charged for nine months September through May. Vacations and breaks have already been taken into account.

Monthly payments are due on the 1st of each month. We run the auto payments on the 5th of each month. Payments more than 10 days late will be assessed a \$10 late fee. Returned checks will result in a \$25 NSF fee.

from head to toe

CLASS ATTIRE

WHAT TO WEAR

- **Tiny Twos/Creative Dance:** Simple, solid-colored leotard with pink or white ballet tights, and a skirt (optional). Shoes: pink ballet shoes (no bedroom slippers)
- **Pre-Ballet:** Light pink, solid-colored leotard, either pink or white ballet tights, and a skirt (optional). Shoes: pink ballet shoes (no bedroom slippers)
- **All other Ballet:** Modest, black, solid leotard, pink ballet tights, and pink ballet slippers. Students may come in a skirt but may be asked to remove it during class. No tutu style skirts. For Level 1 and up, underwear should not be worn under tights.
- **Modern/Combo/Stretch Flex:** Leotard and leggings with bare feet.
- **Hip-Hop/Popping:** Modest, loose-fitted clothing (sweats, shorts, leggings) and clean-soled tennis shoes. No street shoes.
- **Acro:** Leotard or tight fitting t-shirt or tank and leggings or shorts with bare feet.
- **Tap:** Simple, solid-colored leotard with tights or leggings. Skirts are optional. Shoes: black tap shoes
- **Jazz:** Leggings or jazz pants with a leotard or appropriate shirt. Shoes: black or nude jazz shoes

HAIR

- **Ballet:** Ballet bun required. Please see "How to make a ballet bun" on our website for further instruction.
- **All other classes:** Hair should be SECURELY pulled back from your face. Please no hair touching the face or neck.

JCSD offers a **"Give and Take" rack** with used dance attire and shoes as well as a small selection of tights, leotards, and ballet shoes for sale. New items can be purchased from Discount Dance following a link on our website or at Dancer's Closet, 576 Olive St., Eugene.



CHECK IN

Dancers check in is at the east entrance of Christ's Center on Juniper Street. To keep our schedule running smoothly, students should arrive and be ready for class 5 minutes prior to the start of class but no more than 10 minutes early.* Please have your young dancer use the bathroom prior to class. For their safety, dancers who arrive 20 or more minutes late may be asked to sit out for the remaining class time and simply observe.

*Please note: Arriving earlier than 10 minutes before class is subject to a charge of up to \$10 for every 5 minutes a staff person must watch your child (level I and younger).

ATTENDANCE

Attendance is mandatory except in the event of a pre-arranged absence or sickness. We consider dance a team sport, and if a dancer is missing, the impact is felt not only on that dancer but on his/her classmates. Thank you for making every effort to have your dancer at class each week!

PICK UP

Pick up is at the northeast door accessed from the parking lot on Kalmia Street. The exceptions are for morning classes and level III/IV dancers. In the case of an emergency evacuation from the building, our meeting place will be in the parking lot across from the main studio doors.

STUDENTS ONLY

Because of space constraints at the studio, parents and other family members are strongly encouraged to wait outside the building, but if a bathroom break is necessary, do not hesitate to check in with one of the JCSD staff members in the lobby to use the facilities. If your dancer needs special assistance in class, please contact us to discuss how we can best care for him/her.

MISSED CLASSES

Missed classes may be compensated through attendance at another class of the student's choice. No refunds are offered for missed classes.

If your student will miss class for any reason, please contact Jaime at 541.968.9529.

ATTENDANCE

just a few things to remember

STUDIO ETIQUETTE

ILLNESS

We know that missing class because of illness is rough on kids, and while we want your dancer in class each week, we also want to guard against spreading illness to dancers and instructors. So much has changed with COVID's arrival, which means that dancers should take the week off from class if a fever, stomach ache, cough, or cold symptoms are present. **Questions: Reach out to Jaime at 541.968.9529.**

NO STREET SHOES

We do, not allow street shoes, including cowboy boots, high heels, clogs and any black soles on the studio floors. **Hip hop dancers should have dedicated dance shoes for class.**

RULES IN CLASS

- **No gum, food of any kind, or non-water beverages in the studios.**
 - Dancers are allowed non-messy snacks in the waiting area. **Please bring a water bottle** labeled with your dancer's first/last names.
- **No cell phones or electronics.**
 - Phones are not allowed in class. Pictures and videos may only be taken in class with permission from the instructor and dancers. If you have any concerns about your dancer being photographed, please contact us.
- **No jewelry**
- **No touching mirrors or hanging on barres**



upcoming **EVENTS**

We do our best to set rehearsals and performances at the beginning of the dance year, but at times, we must make changes and additions to the schedule. Occasionally events will be canceled or rescheduled, so it's important to routinely check our communication platforms, especially as *Mary* and the spring recital near.



FOR YOUR CALENDAR

* DATES AND EVENTS ARE SUBJECT TO CHANGE

MARY

Mary combines dance and monologues to tell the powerful stories of Elizabeth, Mary, and Joseph. Instructors and dancers in levels II, III, and IV perform Dec. 16-18.

WINTER SHOWCASE

Level I and younger dancers along with select upper-level classes perform in our Winter Showcase Dec. 10 at Christ's Center: 10 a.m. Creative & Pre, 11 a.m. Level IA, and noon Level IB. Free.

SPRING RECITAL

In early 2023, we will release recital details for *Step of Faith* to be held May 18-20 at Christ's Center. Ticket sales will open online April 10.

EXTRA PERFORMANCES

Throughout the year, our apprentices and select dance classes are invited to perform at Christ's Center Church and in the community. We will inform you of these performances and additional rehearsals as soon as possible.

- **Aug. 15:** Online registration opens 8 a.m.
- **Sept. 10:** Open house 9 a.m.-1 p.m
- **Sept. 12:** Classes begin
- **Oct. 10-Nov. 17** Fall Tiny Twos classes
- **Oct. 17-22:** Costume sizing in classes
- **Oct. 22:** Makeup costume sizing 10 a.m.-noon
- **Oct. 24-29:** Recital Flashback Week
- **Nov. 1:** Registration closes for 2022-23 year
- **Nov. 24-27:** Thanksgiving Holiday
- **Dec. 1:** Remainder of costume fee due
- **Dec. 2:** JC Light Parade
- **Dec. 10:** Winter Showcase
- **Dec. 12-Jan. 1:** Christmas break for young levels
- **Dec. 12-18:** *Mary* production week
- **Dec. 16-18:** *Mary* performances
- **Dec. 19-Jan. 1:** Christmas vacation for level 2+
- **Jan. 2:** Classes resume
- **Feb. 13-March 23:** Winter Tiny Twos
- **March 27-April 1:** Spring Break, no classes
- **April 10-May 18:** Spring Tiny Twos
- **May 15-20:** Spring recital production week
- **May 18-20:** Spring recital *Step of Faith*
- **May 22-27:** Final week of classes

* Please note: JCSD holds all classes on Veterans Day, Martin Luther King Jr. Day, Presidents Day, and school in-service days.

a dancer's

HEALTH

We believe that a dancer can be healthy in many ways, including physically, mentally, emotionally, and spiritually. On the next page find a few ways a dancer can care for his/her body.

STAYING HYDRATED

We encourage our dancers to bring a water bottle to class because staying hydrated is so important. While sports drinks have their place, we encourage our dancers to drink water while at the studio. We have a water cooler for those days when the water bottle didn't make it to the studio, but we ask that each dancer do his or her best to bring a water bottle to class. This cuts down on our water delivery charge and on paper cups. Tip: Put first and last names on each bottle.

REST

"And how is she sleeping?" Every parent has heard this question from the doctor during annual visits.

Adequate sleep can help combat anxiety and depression, can keep a young person healthy, and can give strength and clarity for each new day. Unfortunately more and more children and teens are struggling to get enough sleep in part because of electronic devices and the pull of social media. We will continue to encourage our dancers to find a healthy balance in their lives!

WARMING UP

Unfortunately injuries happen in the course of a dance year for some students, typically in another sport or outside the studio. Be assured that we will continue to direct proper warmups, ask a dancer to sit out if he or she is more than 20 minutes late for class and unable to warm up, and asked injured dancers to observe class until healed.

HEALTH

FOOD CHOICES

We are going to place a strong emphasis on healthy eating this year both at home and at the studio because healthy food choices can actually help dancers stay focused and give their best in classes. This means that we're going to be very intentional about the type of snacks we allow in the studio for special days and in the snack basket for sale.

SPIRITUAL HEALTH

One's spiritual health impacts him or her for eternity, and we encourage each of our dancers to prioritize their relationship with Jesus Christ, the Son of God who took on human form, gave His life on a cross to take the punishment their imperfections deserve, and then conquered death by rising from the dead. This is a crazy, amazing true story that each man, woman, and child has the opportunity to respond to. We will talk in class about what it means to believe in and follow Jesus, and the place of Bible reading, prayer and worship, gratitude, and sensitivity to the Spirit of God in one's life.

join the JCSD

TEAM

This year's spring recital is **STEP OF FAITH**, and throughout the year, we'll be asking our dancers and families to step out in faith to give time and resources to help people in our studio and community. We have many ways (some shared on the next page) that people can invest in JCSD. Contact us at jcschoolofdance@gmail.com if you'd like to say "yes" to joining us in 2022-2023.

ways to

INVEST

We are stronger when we have you working alongside us! Would you consider helping JCSD in some way in the coming year? Here are just a few opportunities:

- **Help prepare for and assist with events (a variety of positions):**
 - JC Light Parade, Dec. 2
 - Winter Showcase, Dec. 10
 - *Mary*, Dec. 16-18
 - Apprentice Event, Feb. 3-4
 - Spring Recital, May 18-20
 - Community performances
- **Get the word out about JCSD performances** (posters, social media, word-of-mouth)
- **Provide food** for staff meetings and apprentice trainings.
- **Invest your time** in projects that benefit the studio and community. More on this in the days ahead as we step out in faith to love others with God's crazy, amazing love.
- **Become a financial sponsor** by supporting specific studio and performance projects or contributing to scholarships.
- **Buy ad space** in the spring keepsake program.

Thank you for considering how you will invest by faith at JCSD and in the community this year!

